



YUKI NO METSUKU

Associazione di Promozione Sociale

PRESS RELEASE

HEADLINE: The Kyudo seminar returns to Udine, opening its doors to all European practitioners

SUBHEADING: *Second edition of the event, 18–20 September at PalaCUS, Udine*

From 18 to 20 September 2026, the PalaCUS in Udine will host the second edition of the Kyudo seminar. This year's meetup is organised by the Yuki No Metsuke Association and it brings together practitioners from six European countries in addition to Italy, for three days of study of the Japanese Way of the Bow.

Kyudo is a traditional Japanese art practised with a bow and arrow, aimed at a target twenty-eight metres away. The bow is asymmetric, with the grip positioned roughly a third of the way up from the bottom — a feature that gives the Japanese bow its particularly elegant and recognisable shape. The practice extends well beyond the act of shooting: it encompasses posture, breath, and the way the practitioner moves along the shooting line, in a sequence of codified gestures whose significance goes beyond technical execution. It is also a discipline studied alongside others: shooting takes place in formations of several archers, whose movements alternate between individual moments and shared passages, in a precise balance between autonomy and synchrony. It is not a performative gesture. It fosters self-reflection and a philosophical dimension instead.

In Italy, Kyudo is represented by the Associazione Italiana Kyudo (AIK), the only body recognised by the All Nippon Kyudo Federation, the International Kyudo Federation and the European Kyudo Federation. The Udine seminar is part of this federal structure and offers the region the unique opportunity to bring together practitioners from across Europe — further enhanced by Udine's position as a natural meeting point between Italy and Central Europe.

Institutional support

The seminar has been granted patronage by the Consulate General of Japan, in recognition of the cultural value of the initiative and its contribution to spreading Japanese culture locally. This is joined by the patronage of the Municipality of Udine and the "Io Sono Friuli Venezia Giulia" brand, as well as that of the Associazione Italiana Kyudo and the Accademia Romana Placido Procesi — the



YUKI NO METSUKU

Associazione di Promozione Sociale

school from which the masters leading the days of study come, who are among the highest grades recognised in Italy for this discipline.

Yuki No Metsuke, which handles the organisational aspects of the event locally, is an association based in Udine, founded as a practice group in 2024 and formally established in 2026. Over the years the group has also brought Kyudo beyond the dojo, taking part in local fairs and cultural events — a commitment that stems from the same care given to the practice itself, and one of its most concrete expressions is precisely this seminar. The first edition took place in April 2025 and it had been organised by the Associazione Italiana Kyudo.

Practical information

The seminar takes place from 18 to 20 September 2026 at PalaCUS, Via delle Scienze 100, Udine. Admission for the public is free. Spectators may watch from the stands, and silence is required during the shooting sessions.

The detailed programme is available on request. To arrange and schedule interviews and photo shoots, please write to: info@yukinometsuke.it